

S.R.R. & C.V.R. Government Degree College (A)

An Autonomous & ISO 9001: 2015 Certified Institution:: Ranked by NIRF in 101-150 band at NIRF-2020 & 151-200 band in NIRF 2019 NAAC accredited Institution with grade B+ with C.G.P.A 2.6 during March, 2017

Machavaram, Vijayawada, Krishna District, AP-520 004

AYURSIDDHI WORKSHOP- 17.12.2019



DEPARTMENT OF BOTANY

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DEPARTMENT OF BOTANY

Dates	17.12.2019
Conducted through (DRC/JKC/ELF/NCC/NSS/ Departments etc.	Department
Nature of activity (seminar/Workshop/Extn. Lecture etc.	Workshop
Title of the Activity	“ Ayur Siddhi Hands on training on indigenous plants”
Name of the Department/Committee	Department of Botany
Details of Resource Persons (Name , Designation etc.,)	Prof.M.Venkaiah ,Andhra university Dr.J.Prakash Rao.PDF, ,Andhra university Dr.S,Satish Vaagdevi Degree and P.G .College. Hanuma konda. Telangana. Mr.G.Bulliyya,Coordinator,LAYA Foundation, NGO, Addateegala, Rajahmundry
No of students participated	45
Name of the Lecturers who planned & conducted the activity	Mrs D. Jyothi Incharge , Department of Botany Ms V. Naga lakshmi Lecturer in Botany
Remarks	Students participated in this workshop with immense interest .

WORKSHOP

DEC 17th 2019

The students of I BZC and II BZC and faculty had attended two Day National workshop on 'AYURSIDDIHI HANDS ON TRAINING ON INDIGENOUS PLANTS' organized by Botany Dept of P B Siddhante Malika Kalasala on 17th - 18th Dec 2019.

Faculty

1. D. Jyothi - D. Jyothi
2. V. Nagalakshmi

Students

1. Navya Jyothi
2. D. Gidary
3. Manohar
4. Suga
5. Surya
6. Sai Ram - C. S. S. S.
7. Manohar
8. Sai Ram

Ayurveda is one among the seven Ayush systems and is referred to as the science of life. For years, it has been a key part of a comprehensive natural healthcare system in India. It's based on the principle of health and wellness and believes that health is a state of delicate balance between the mind, body, and spirit. Vata, Pitta and Kapha are the basic physiological units, according to the Ayurveda, which govern various functions in the body. Their harmony with other body tissues is responsible for the state of health and disharmony is the cause of ill health. The main aim of Ayurveda is to preserve health while other is treatment of different diseases by maintaining balance and harmony between Dosha, Dhatu, Mala, mind and environment.



The Resource Persons explained that the Ayursiddha is a combination of traditional shastra like Ayurveda and Siddha and the most practiced medical systems in India. The medicines that come under these systems are cost effective, safe and time tested. These medicines are currently being used as a best option in treating long term diseases.

In this workshop the students learnt the composition of preparing few ayurvedic drugs and prepared a number of Herbal Products .

Attending this workshop has given a good opportunity for students to explore ayurvedic medicine and learn about its significance in India from ancient Rugweda .

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STUDENT SIGNATURES AND FEEDBACK

S.No	Date	Class	Roll no/ Reg no	Signature	Remarks
1.		III BZC	-	A. Madhu Niharika	Good
2.		III BZC	-	T. Saranya	Good
3.		III BZC	-	G. Mangi Kumar	Good
4.		III BZC	-	T. Vasavini Su Sai	Good
5.		III BZC	-	K. Vijay Krishna	Good
6.		III BZC	-	A. Nazma	Good
7.		III BZC	-	Ch. Raju	Good
8.		III BZC	-	S. Mahesh Reddy	Good
9.		III BZC	-	P. Gopichand	Good
10.		III BZC	-	Ch. Madhu Babu	Good
11.		III BZC	-	K. Vicitariya	Good
12.		III BZC	-	A. Lakshmi	Good





STUDENT SIGNATURES AND FEEDBACK					
S.No	Date	Class	Roll no/ Reg no	Signature	Remarks
1.		II BHC	21317207	Kiroumila	Got awareness
2.		II BHC	21317201	A. P. Dasanthi	Good
3.		II BHC	21317209	T. Lavanya	useful.
4.		II BHC	21317205	K. Jagadeesh	Good
5.		II BHC	21317206	T. Myudula	Beneficial.
6		II BHC	21317212	P. V. V. K.	Good
7.		II BHC	21317204	Devi Nagochi	Got awareness
8		II B2C	20311225	M. M. M.	good
9.		III B2C	20311223	Loik Raja	Useful
10.		"	20311003	P.	good
11.		II B2C	20311216	P. S.	good
12.		III B2C	20311008	P. S.	good
13.		III B2C	20311213	M. Gayathri	Good
14.		II B2C	20311227	S.	Good
15.		III B2C	20311225	P. S.	Good

